

## CARAMEL LATTE PROTEIN FUDGE

High Protein - No Bake - Vegan - Gluten Free

## Recipe by Kat Condon (@katalysthealth) and featured on MariGoldBars.com

"Enjoying an extra shot of coffee today with this CARAMEL LATTE PROTEIN FUDGE.

I'll use any excuse to consume more coffee"

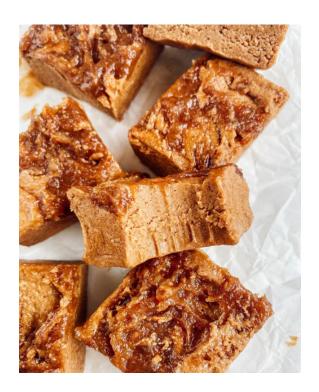
- Kat Condon (@katalysthealth)

## **INGREDIENTS:**

- 1 cup cashew butter
- 1/2 cup almond flour
- 2 scoops MariGold Iced Vanilla Latte Protein Coffee
- 2 tablespoons maple syrup
- 1/2 cup dates, soft & pitted

## **DIRECTIONS:**

- Mix together cashew butter, almond flour, protein powder & maple syrup until smooth.
- 2. Pour into a lined loaf pan.
- 3. Blend dates in a food processor until smooth.
- 4. Swirl into fudge batter.
- 5. Freeze for an hour, then slice!



Featuring MariGold
Iced Vanilla Latte High Protein Coffee
(MariGoldBars.com)

