



CARROT CAKE PROTEIN BITES

High Protein / Low-Carb / Energy Boost

Recipe by Shannon (@healthy.mom.healthy.family)
and featured on MariGoldFoods.com

INGREDIENTS:

- 3/4 cup MariGold Creamy Vanilla Whey Isolate Protein Powder
- 1/2 cup nut butter
- 1/4 cup shredded carrot
- 1 Tbsp almond milk
- 1 tsp cinnamon
- 1/2 tsp ginger
- 1/8 tsp salt
- 1/8 tsp nutmeg
- 1 cup shredded coconut

DIRECTIONS

1. In a bowl, stir together all ingredients except shredded coconut.
2. Refrigerate the mixture for an hour.
3. Then form the mixture into 1 Tbsp-sized balls and roll in coconut. Enjoy immediately, or refrigerate until serving.



Featuring MariGold
Creamy Vanilla Whey Isolate
Protein Powder
(MariGoldBars.com)

