



CHOCOLATE PEANUT BUTTER PROTEIN PUDDING

High Protein / Low Sugar / No-Bake

Recipe by Deedee (@eatswithdeedee) and

Featured on MariGoldFoods.com

INGREDIENTS:

- 1 box Sugar-Free chocolate instant pudding
- 2 c milk
- 2 scoops MariGold Peanut Butter Whey Isolate Protein Powder
- Your choice of toppings (optional)

DIRECTIONS

1. Make pudding according to instructions
2. Add peanut butter protein powder and beat with an electric mixer until thickened.
3. Pour into desired dish, or portion out into 4 smaller servings.
4. Top with a chopped peanut butter cup, peanut butter or chocolate chips, and chocolate or peanut butter drizzle, if desired.



Featuring MariGold
Peanut Butter Whey Isolate
Protein Powder
(MariGoldFoods.com)

