



## CHOCOLATE PROTEIN FRUIT BARK

Keto-Friendly / Gluten-Free / Protein-Rich

Recipe by Nina (@chasinstars82) and featured on MariGoldFoods.com

*"Here is a delicious and super healthy dessert idea when that sweet tooth hits...  
frozen protein yogurt and fruit bark!"*

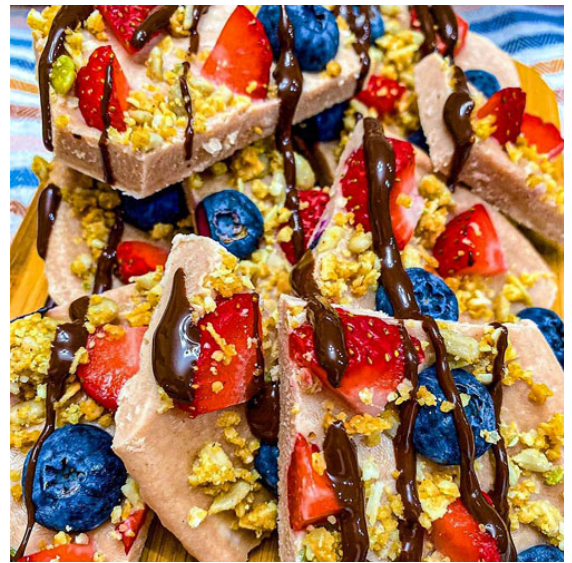
- Nina

### INGREDIENTS:

- 1 scoop of the MariGold Rich Chocolate Malt Whey Isolate Protein Powder
- 6 ounces of Greek yogurt
- A few drops of your favorite liquid sweetener

### Toppings (optional - choose your own too!)

- 1 oz blueberries
- 1.5 oz diced strawberries
- 1/4 cup granola
- Sugar-free chocolate syrup



### DIRECTIONS:

1. Mix everything together in a bowl (save toppings for steps 3 & 5).
2. Spread on a parchment lined plate or baking sheet (about an inch thick).
3. Top with blueberries, strawberries, and granola for that extra crunch. You can also choose your own toppings.
4. Place into the freezer for a couple hours.
5. Remove and drizzle with sugar free chocolate syrup...enjoy!

Featuring MariGold  
Rich Chocolate Malt Whey Isolate  
Protein Powder  
(MariGoldFoods.com)

