

CHOCOLATE PROTEIN MOUSSE

Recipe by Hannah Scott (@simplyhannahscott) and featured on MariGoldBars.com

INGREDIENTS:

- 4 scoops MariGold Rich Chocolate Malt Whey Protein Powder
- 16oz cream cheese, softened
- 6 tbsp sour cream (or use Greek Yogurt for an extra protein boost)
- · 4 tbsp butter, softened
- 3 tsp vanilla extract
- 1/3 cup Swerve confectioners sugar (or your favorite confectioners sugar replacement)
- 1/4 cup cocoa powder
- 1 tsp coffee extract

Optional:

- · Whipped topping of your choice
- 1/2 cup dark chocolate chips

DIRECTIONS:

Combine all ingredients together using handheld mixer or food processor until smooth. Served chilled.

Optional:

Top with a dollop of whipped cream and sprinkle with dark chocolate chips.





