



## CHOCOLATE RASPBERRY PROTEIN OVERNIGHT OATS

High Protein / Clean Eating / No-Bake

Recipe by Jill (@sweetsimplemasala) and featured on [MariGoldFoods.com](http://MariGoldFoods.com)

*"Make a jar of this and you'll start looking forward to breakfast again! Super healthy, clean ingredients and with a delicious dose of protein too!!"*

- Jill

### INGREDIENTS:

- ½ cup rolled oats
- ⅓ cup milk
- ¼ cup yogurt
- ¼ teaspoon vanilla extract
- 1 teaspoon honey (optional)
- 1-2 scoops MariGold Creamy Vanilla Whey Isolate Protein Powder
- 2 tablespoons raspberry jam
- 2 tablespoons chocolate chips
- 1 teaspoon cacao nibs (optional)



### DIRECTIONS:

1. Combine all ingredients in a jar, except the raspberry jam, chocolate chips, and cacao nibs. NOTE: You may want to combine them in a bowl first and then transfer to a jar to be able to stir the ingredients more easily.
2. Add the raspberry jam to the mix.
3. Refrigerate overnight.
4. Add chocolate chips (melted if desired) and cacao nibs to the top and enjoy!

Featuring MariGold  
Creamy Vanilla Whey Isolate  
Protein Powder  
([MariGoldFoods.com](http://MariGoldFoods.com))

