



COOKIE DOUGH MOCHA CRUNCH BARS

High-Protein / Low-Carb / Gluten-Free

Recipe by Maria (@purely_healthy_living) and featured on MariGoldFoods.com

INGREDIENTS:

- 3 cups of low carb chocolate cereal
- 3 tbsp of beef gelatin
- 2 scoops of MariGold Mocha Collagen Latte High Protein Coffee
- 1/3 cup of alullose
- 1 cup of hot unsweetened almond milk
- 1 cup of heavy cream
- 3 MariGold Cookie Dough Grass-fed Protein Bars

DIRECTIONS

1. Mix the cereal with the beef gelatin, alullose and protein coffee.
2. Add the heavy cream and almond milk and stir well.
3. Pour into a 8x8 silicone mold.
4. Chop the protein bars and add them as topping.
5. Freeze overnight, cut into 9 pieces and enjoy!



Featuring MariGold
Mocha Collagen Latte High Protein Coffee
and Cookie Dough Protein Bars
(MariGoldFoods.com)

