



## COOKIES & CREAM PROTEIN CAKE BARS

High Protein / Low-Carb / Sugar-Free

Recipe by Deedee (@healthyeatswithdeedee) and featured on MariGoldFoods.com

*"I love protein-packed desserts, and these bars are so good! These are super easy to make and have a nice amount of protein added."*

- Deedee

### INGREDIENTS:

- 1/3 C MariGold Creamy Vanilla Whey Isolate Protein Powder
- 1/3 C granulated sweetener (i.e. allulose)
- 1/2 C plain nonfat Greek yogurt
- 2 TBSP almond flour
- 1/2 TSP baking powder
- 2 TBSP nut butter
- 1 Egg
- 1/2 TSP vanilla extract
- 1/2 TSP O's cookie flavoring @oooflavors (use 1/2 tsp more of vanilla extract if you don't have this).

### DIRECTIONS

1. Mix dry ingredients together until combined. Add wet ingredients and mix until combined. Line a loaf pan with parchment paper.
2. Bake at 350 for 12-15 minutes until set.
3. After baking I drizzled with some white and milk chocolate (@choczero) and added crushed up @catalinacrunch cookies.



Featuring MariGold  
Creamy Vanilla Whey Isolate  
Protein Powder  
(MariGoldFoods.com)

