

# GOOEY BAKED MOCHA OATS

## Protein-Packed / Keto-Friendly / Low-Carb / Gluten-Free

## Recipe by Winnie (@liveitupwithwinnie) and featured on MariGoldFoods.com

"This morning's power breakfast was gooey baked mocha oats courtesy MariGold Vanilla Collagen Latte mix. Caffeine, collagen, chocolate, oats - checks all my boxes!"

- Winnie

#### **INGREDIENTS:**

- 2 scoops MariGold Vanilla Collagen Latte High Protein Coffee
- 1 cup gluten-free oat flour
- 1 tsp baking powder
- 1 tsp powdered sugar (or powdered sweetener of choice)
- pinch of salt
- 1/4 C of desired milk (more if you need)
- Sugar free chocolate chips

### **DIRECTIONS:**

- 1. In a mixing bowl, add MariGold Vanilla Collagen Latte.
- 2. Add the oat flour, baking powder, powdered sugar and a pinch of salt.
- 3. Mix in your choice of milk, a little bit at a time until you get a thick cake batter consistency.
- 4. Pour into a ramekin and stick some chocolate chips in the middle.
- 5. Microwave for 1.5 mins and eat while warm!



Featuring MariGold Vanilla Collagen Latte High Protein Coffee (MariGoldFoods.com)

