



HIGH-PROTEIN COOKIE DOUGH BARK

High Protein / Low-Carb / Gluten Free / Sugar Free

Recipe by Shannon (@healthy.mom.healthy.family)
and featured on MariGoldFoods.com

INGREDIENTS:

- 1/2 cup almond flour
- 1/2 cup MariGold Creamy Vanilla Whey Isolate Protein Powder
- 1/4 cup coconut oil, melted
- 2 Tbsp almond milk
- 2 Tbsp sugar-free maple syrup
- 1/4 cup sugar-free chocolate chips

DIRECTIONS

1. Add all ingredients except chocolate chips to a bowl, stirring to combine.
2. Stir in chocolate chips.
3. Spread the mixture onto a sheet pan lined with parchment paper.
4. Place in the freezer for at least 30 minutes to set.
5. Cut or break bark into pieces and store in an airtight container in the fridge or freezer.



Featuring MariGold
Creamy Vanilla Whey Isolate
Protein Powder
(MariGoldFoods.com)

