



HIGH PROTEIN FRUIT DIP

High Protein / Gluten-Free / Low Sugar

Recipe by Shannon (@healthy.mom.healthy.family) and

Featured on MariGoldFoods.com

INGREDIENTS:

- 1 cup vanilla or plain Greek yogurt
- 1 scoop [MariGold Rich Chocolate Malt Whey Isolate Protein Powder](#)
- Fresh fruit: strawberries, blueberries, kiwi, pineapple, oranges—whatever's in season!



DIRECTIONS

1. Just mix the yogurt + protein powder, dip your fruit, and snack away!
2. NOTE: Chill it in the fridge for an even creamier dip!

Featuring MariGold
Rich Chocolate Malt Whey Isolate
Protein Powder
(MariGoldFoods.com)

