



## HOT COCOA COLLAGEN MUG CAKE

High-Protein / Collagen-Rich / Keto-Friendly / Low Carb

Recipe by Deedee (@eatwithdeedee) and featured on MariGoldFoods.com

### INGREDIENTS:

- 4 tbsp almond flour or oat flour
- 1 tbsp cocoa powder
- 2 tbsp MariGold Hot Cocoa Collagen Peptides
- 1 tbsp granulated sweetener
- ½ tsp baking powder
- 1 tbsp butter, melted
- 5 tbsp almond milk
- 1 tbsp chocolate chips

### DIRECTIONS:

1. Melt butter and then mix all ingredients together until smooth.
2. Pour batter into a large greased mug or ramekin.
3. Microwave for 90 seconds, if not done, keep microwaving in 10 second increments. If you leave the top a little under done it'll be like a lava cake!
4. Enjoy as is or add toppings of your choice! I added whipped cream, chocolate drizzle, mini marshmallows, and chocolate chips.



Featuring MariGold  
Hot Cocoa  
Collagen Peptides Powder  
(MariGoldFoods.com)

