

MANGO HORCHATA PROTEIN SHAKE

Collagen-Rich / Low Sugar / Gluten-Free / Clean Ingredients

Recipe by Maria (@purely_healthy_living) and Featured on MariGoldFoods.com

INGREDIENTS:

- $1\frac{1}{2}$ cups unsweetened almond milk
- 1 cup frozen mango
- 1 scoop MariGold Horchata Collagen Peptides
- 1 cup ice
- Stevia to taste (or try MariGold Allulose!)
- Greek yogurt for glass decoration

DIRECTIONS

- 1. Blend it all.
- 2. Dress your glass.
- 3. Sip & repeat.



Featuring MariGold Horchata Collagen Peptides (MariGoldFoods.com)

