



MEXICAN HOT CHOCOLATE PROTEIN SHAKE

High Protein / Guilt-Free / Low-Carb / Keto-Friendly

Recipe by Hannah Scott (@simplyhannahscott)
and featured on MariGoldFoods.com

INGREDIENTS:

- ½ cup Unsweetened Almond Milk
- ⅓ cup Water
- 1 cup Ice
- 2 tsp Cacao Powder
- ½ tsp Cinnamon
- Pinch of Cayenne Pepper
- 1 scoop MariGold Rich Chocolate Malt Whey Isolate Protein Powder
- 1 scoop MariGold Unflavored Whey Isolate Protein Powder
- Sugar-free chocolate syrup (optional)

DIRECTIONS:

1. Mix all ingredients and blend.
2. Top with a pinch of cinnamon and chocolate syrup (optional).



Featuring MariGold
Rich Chocolate Malt AND Unflavored
Whey Isolate Protein Powder
(MariGoldFoods.com)

