



MOCHA COLLAGEN LATTE ICE CREAM

Recipe by Dr Fit and Fabulous (@doctorfitandfabulous)
and featured on MariGoldBars.com

Mmm....Coffee Ice Cream!

You can enjoy a delicious bowl of ice cream and get all the benefits of of a collagen boost for glowing skin and healthy joints and bones.

**** Note: This recipe contains raw eggs. Use at your own discretion. They can be left out. ****

INGREDIENTS:

- 4 Egg Yolks
- 1/2 Cup Allulose
- 1 Cup Heavy Whipping Cream
- 1 Cup Unsweetened Milk
- 2 tsp Vanilla Extract
- 1/4 tsp Fine Redmond Salt
- 2 Scoops MariGold Mocha Collagen Latte



DIRECTIONS:

1. Mix ingredients together and put into an ice cream maker. Churn according to the manufacturer's instructions until ready!
2. Enjoy!

Featuring MariGold
Mocha Collagen Latte
High Protein Coffee
(MariGoldBars.com)

