



PEANUT BUTTER PROTEIN FUDGE

High Protein / Clean Eating / No-Bake

Recipe by Shannon (@healthy.mom.healthy.family)
and featured on MariGoldFoods.com

INGREDIENTS:

- 1 cup peanut butter
- 2 scoops MariGold Creamy Vanilla Whey Isolate Protein Powder
- 1/4 cup coconut oil, melted
- 2 Tbs maple syrup or liquid monkfruit
- 1 tsp vanilla



DIRECTIONS:

1. Add all ingredients to a bowl and mix/ stir until combined.
2. Spread the mixture into a small square dish lined with wax paper.
3. Freeze for 60 minutes, then cut and serve or store in the fridge until serving.

Featuring MariGold
Creamy Vanilla Whey Isolate
Protein Powder
(MariGoldFoods.com)

