



PECAN SANDIE PROTEIN CHOCOLATE FUDGE

High-Protein / Low-Carb / Keto-Friendly / No-Bake

Recipe by Maria Fernanda López (purelyhealthyliving.net)
and featured on MariGoldFoods.com

"We can't get enough of these protein fudges made with simple and just the perfect ingredients. DREAMY and they melt in your mouth!"

- Maria Fernanda López

INGREDIENTS:

- 2 scoops of MariGold Rich Chocolate Malt Whey Isolate Protein Powder
- 1 cup of melted low carb chocolate
- 3 MariGold Pecan Sandie Protein Bars
- 1/4 cup of MariGold Keto Pecans

DIRECTIONS:

1. Chop the bars into pieces and place them in 10 silicone cups.
2. Mix the melted chocolate and grass-fed whey and pour over the bars.
3. Top with candied pecans and freeze.



Featuring MariGold
Rich Chocolate Malt Whey Isolate
Protein Powder, Keto Pecans &
Pecan Sandie Protein Bar
(MariGoldFoods.com)

