

# PROTEIN-PACKED CHOCOLATE PB ICE CREAM SANDWICHES

High Protein / Collagen-Rich / Gluten-Free / Low-Carb

# Recipe by Debbie (@debsnourishedkitchen) and Featured on MariGoldFoods.com

#### **INGREDIENTS** (The Cookies):

# **Dry Ingredients**

- 12/3 cups almond flour
- 1/4 cup MariGold Peanut Butter Collagen Peptides
- 1/4 cup MariGold Allulose sweetener
- 1 tsp baking soda
- ½ tsp kosher salt

## **Wet Ingredients**

- ½ cup salted butter, room temp
- ½ cup Skippy Super Chunk Peanut Butter
- 1 egg
- 2 tsp vanilla extract

## Mix-ins

- ½ cup sugar-free chocolate chips
- ½ cup chopped dark chocolate bar (I used Ghirardelli)
- Flaky sea salt (optional)

#### For Ice Cream Sandwiches:

· Your favorite sugar-free vanilla ice cream

#### **DIRECTIONS:**

- 1. Preheat oven to 350°F.
- 2. Whisk dry ingredients in one bowl.
- 3. Beat butter + sweetener until fluffy, then add peanut butter, egg, and vanilla.
- 4. Combine wet and dry. Fold in chocolate chips.
- 5. Scoop dough (2-inch rounds) onto parchment-lined baking sheet.
- 6. Top with chopped dark chocolate.
- 7. Bake 7–8 mins (do not overbake). Sprinkle sea salt if desired.
- 8. Add ice cream and make them into sandwiches once cooled.



Featuring MariGold
Peanut Butter Collagen Peptides &
Allulose Sweetener
(MariGoldFoods.com)

