



SILKY BROWNIE PROTEIN BARS

High Protein / Gluten-Free / Keto-Friendly

Recipe by Maria (@purely_healthy_living) and featured on MariGoldBars.com

“High protein, creamy and just the easiest snack you need to make ASAP! The magic comes from the creamy yogurt contrast with the chopped @marigoldbars chocolate bars.”

- Maria Fernanda López (Purely Healthy Living)

INGREDIENTS:

Base

- 2 Chocolate Bars - no sugar added (I used Let's Bake Believe Low Carb Baking Bars) - melted
- 2 cups of greek yogurt
- 2 scoops MariGold Rich Chocolate Malt Whey Isolate Protein Powder
- 1/4 cup of monk fruit

Toppings

- 2 Dark & Salty MariGold Protein Bars

DIRECTIONS

1. Mix the greek yogurt with monk fruit, whey protein half of the melted chocolate.
2. Transfer to a pair of silicone loaf dishes.
3. Chop the bar and add as the topping.
4. Drizzle the rest of the melted chocolate.
5. Refrigerate or freeze overnight and enjoy the day after!



Featuring MariGold
Rich Chocolate Malt Whey Isolate
and Dark & Salty Protein Bars
(MariGoldBars.com)

