



SIMPLE CHOCOLATE PEANUT BUTTER PROTEIN COOKIES

Protein-Packed / Keto-Friendly

Recipe by April-Lily (@Ketodashapril) and featured on MariGoldBars.com

"I've been enjoying @marigoldbars whey isolate recently and wanted to make protein cookies out of them. I added some peanut butter and drizzled it with some icing!"

- April-Lily (@Ketodashapril)

INGREDIENTS:

- 1/2 cup MariGold Rich Chocolate Malt Whey Isolate Protein Powder
- 1/2 cup PBfit peanut butter
- 1/2 cup water
- 1/2 cup sugar substitute (i.e. allulose)

Glaze:

- 3 tbsp powdered sugar substitute
- 2 tsp unsweetened almond milk
- Pinch of salt

DIRECTIONS

1. Preheat oven to 350 degrees
2. In a bowl mix in peanut butter, whey protein, sugar and egg until smooth and thick (if consistency isn't thick, add more whey or peanut butter)
3. Once you have a smooth consistency, scoop about a tbsp size and lay on parchment paper
4. Bake for 5-8 minute
5. Let cool and drizzle glaze on top
6. Enjoy



Featuring MariGold
Rich Chocolate Malt Whey Isolate
Protein Powder
(MariGoldBars.com)

