



## SUGAR-FREE COLLAGEN WHIPPED CREAM

Collagen-Rich / High Protein / Keto-Friendly / Gluten-Free

Recipe by Sara Jean (@get.holistic) and  
Featured on MariGoldFoods.com

*"Sugar-free and with the added benefits of collagen peptides! This will be your go-to recipe all holiday season long!"*

- @get.holistic

### INGREDIENTS:

- 1 cup of heavy cream
- 1 tbsp of honey
- 1 scoop of MariGold Unflavored Collagen Peptides

### DIRECTIONS

1. Combine all ingredients in a bowl.
2. Start your mixer off low and slowly increase the speed until you get the desired stiffness.



Featuring MariGold  
Grass-Fed Unflavored  
Collagen Peptides  
(MariGoldFoods.com)

